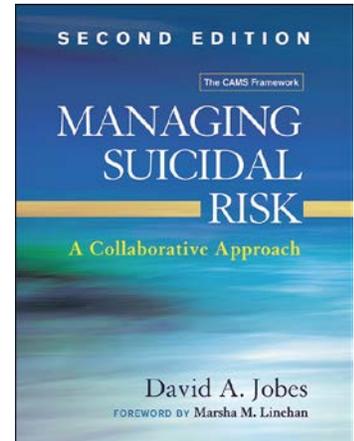




## Collaborative Assessment and Management of Suicidality (CAMS) Training

Effective assessment, management and treatment of suicidal individuals are key tasks in behavioral health work. Legislation in Washington State now requires continuing education in suicide risk assessment, treatment and management as a licensure requirement\* for behavioral health and medical professionals. This workshop meets the licensure requirement for behavioral health professionals with training structured around the successful resolution of suicidality using the CAMS approach. CAMS has been implemented in inpatient psychiatric units at the Mayo Clinic and the Menninger Clinic, the Harborview Intake and Brief Intervention Service and outpatient clinics, VAs, and private practices in the United States and Europe.

Please see a summary of CAMS empirical support and philosophy as well as video clips of CAMS at the website: <http://www.youtube.com/watch?v=SEj9KDONX4Q>



### Level I – March 20, 2019

**9:30am-5:00pm**

This initial 6-hour workshop will focus on the use of CAMS in brief encounters: inpatient, consultation-liaison and emergency services as well as outpatient intake evaluations. This 6-hour training will meet the state licensure requirement for behavioral health professionals and is structured to be clinically relevant for as many School of Medicine disciplines as possible.

Learning Objectives:

- Understand the experience of suicidality and what drives and maintains it.
- Discuss the social and cultural context of suicidality and its treatment.
- Understand how to engage a suicidal individual collaboratively.
- Understand the elements of Suicide Status Form and how to use it to assess and manage suicide risk and guide the initial session.
- Understand CAMS crisis response planning as a way to help suicidal individuals survive the “dark moments”.
- Using CAMS effectively in rounds and other coordination between treatment providers in inpatient and emergency settings.
- Planning ongoing or follow-up treatment using the CAMS framework.

**Location:** [wələb?altx<sup>w</sup> – Intellectual House](#) UW Campus (4249 Whitman Court)

### Level II – March 23, 2019

**9:30am-5:00pm**

Building on Level I, the second 6-hour workshop will provide training on using CAMS outpatient psychotherapy to quickly resolve suicidality and successfully manage suicidality in outpatient setting. This training will also focus on the completion of CAMS when suicidality resolves and the transition to other appropriate care that will address enduring problems (i.e., depression, interpersonal conflict, loss, etc.) that are easier to treat with suicidality resolved.

(Level II continued)

### Learning Objectives:

- Explain the role of direct and indirect drivers of suicide and their treatment in the CAMS framework.
- Understand the elements of the Suicide Status Tracking Form and CAMS Therapeutic Worksheet. Clinicians will learn how to use these to assess and manage risk and to engage suicidal individuals in the CAMS approach.
- Collaborative treatment - What is it? How do you know you have it?
- Do what you do best – Treating the direct and indirect drivers in CAMS.
- Resolution of suicidality – What is it? How do you know you have it? What is next?
- Understand the elements of the Suicide Status Outcome Form how to use it to close CAMS and move to other treatments or termination.

**Location:** [wələbʔaltx<sup>w</sup> – Intellectual House](#) UW Campus (4249 Whitman Court)

### Faculty

Trainings will be conducted by [Kate Comtois, PhD, MPH](#) and [Jeff Sung, MD](#), both faculty in the UW Department of Psychiatry and Behavioral Sciences.

### Cost

Training is free to UW Medicine and Seattle Children's Hospital clinicians and trainees. Each day is \$200 for everyone else. (Level II requires completion of Level I for a total of \$400).

### Continuing Education Credit

The [National Association of Social Workers](#) (NASW), Washington Chapter has approved these Level I and II CAMS in-person workshops.\* We offer 6 hours of CEU credits for a fee of \$50/workshop to cover the processing expenses.

Washington State Suicide Prevention Training Program approval is pending.

In addition to CE, we provide a certificate of completion that documents that this training meets state requirements and is an authorized training by the UW Department of Psychiatry and Behavioral Sciences. UW employees should check with their manager as to whether this certificate is sufficient or whether they should pay for CE as well.

\* Non-medical behavioral health clinicians (LICSW, LMHC, psychologists) are required to have 6 hours of training every 6 years. Medical professionals (MD, DO and others) are required to have a one-time 6-hour training.

### Registration

Follow this link to register: <https://redcap.iths.org/surveys/?s=RAWDXJKM9F>

Note: Registration for CAMS Level II is contingent upon having completed Level I.

### Cancellation Policy

Please email [dbtcams@uw.edu](mailto:dbtcams@uw.edu) one week in advance. A \$25 processing fee will be assessed for cancelled payments.



*Each CAMS workshop has been approved for 6# of CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number: 1975-378*